



Lindsborg
Community Hospital

Salina Regional Health Center

Partners caring for the health of
the Smoky Valley communities.

Registration Form
Stepping On Workshop

Class dates for 2024:

**Tuesdays, March 19th-April 30th, May 14th-June 25th,
July 16th-August 27th, September 10th-October 22nd.**

(Please circle the dates you wish to attend)

Lindsborg Hospital • David J Nutt Conference Room

Your Name: _____ Age: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ (HOME) _____ (CELL)

E-mail address _____

Please circle answers:

1. Do you live in a house or apartment? YES NO

Note: If your answer is NO, this workshop may not be appropriate for you. Consider talking with your doctor about having a Falls Assessment and other methods of preventing falls.

2. Are you able to walk without the help of another person? YES NO

Note: If your answer is NO, this workshop may not be appropriate for you. Consider talking with your doctor about having a Falls Assessment and other methods of preventing falls.

3. Do you use a walker, scooter or wheelchair most of the time indoors? YES NO

Note: If you need assistance with a walker, scooter or wheelchair most of the time when walking indoors, this workshop may not be appropriate for you. Consider talking with your doctor about having a Falls Assessment and other methods of preventing falls.

4. Have you fallen in the past year? YES NO

If yes, how many times? _____

Note: If you have fallen six or more times in the past year, consider talking with your doctor about whether you may benefit from additional individualized assessment or intervention.

5. Do you have any problems with your vision? YES NO

If YES: please describe what we'd need to do to accommodate your needs in the workshop:

6. Do you have any problems with your hearing? YES NO

If YES: please describe what we'd need to do to accommodate your needs in the workshop

7. How did you hear about the *Stepping On* workshop?

___ friend ___ health care provider ___ brochure (where picked up?) _____

___ family member ___ internet ___ other (please specify) _____

PRINT NAME: _____

SIGNATURE: _____

DATE: _____

Please mail form to:

Lindsborg Community Hospital

ATTN: Betty Nelson

605 W. Lincoln

Lindsborg, KS 67456

Waiver Release Statement:

I, the undersigned, agree to hold harmless and indemnify the Lindsborg Community Hospital its employees, agents and assigns for any and all damages of personal injury claims, including third party claims, as well as all cost and fees that may be incurred arising out of or as a result of my attendance and participation in the hospital sponsored event, whether damage or injury is intentional or negligent, direct or indirect. I waive any rights to claims, demands, and causes of action whether present or future, known or unknown, and release from all liability Lindsborg Community Hospital and its employees, agents and assigns.

Signature _____ Date _____

CONSENT TO USE IMAGE FOR QUALITY ASSURANCE, EDUCATIONAL OR PROMOTIONAL PURPOSES

By checking the box below, I voluntarily consent to and authorize all persons associated with the Wisconsin Institute for Healthy Aging (WIHA) and Lindsborg Community Hospital (LCH) to videotape or otherwise photograph or record my voice or image in this workshop for quality assurance, promotional or educational purposes only, including use in training manuals and on websites and brochures. Neither my name, nor any other identifying information will be provided unless I provide specific separate consent. I waive any right to inspect or approve the videotape or any of the other photography or recordings or to receive any compensation for my participation.

Yes

No

Signature _____ Date _____