

Lifestyle Health

with medically supervised weight management and chronic disease control

YOUR HEALTH IS OUR PRIORITY



Why choose us?

We believe a team approach to address lifestyle changes is important to achieve success. A medically supervised, comprehensive health assessment, support strategies and an emphasis on increased physical activity is beneficial if you have concerns that include diabetes, high cholesterol, heart disease, arthritis, or sleep apnea. You will learn how to achieve and maintain optimum health.



Lindsborg
Community Hospital
Salina Regional Health Center

Family Health Care Clinic

785-227-3371

Lindsborg Community Hospital
605 W Lincoln
www.lindsborghospital.org

Are you ready to make lifestyle changes? You have chosen an exciting time to begin!

Lifestyle Health

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customized to YOU

If you already have diabetes, high blood pressure, heart disease or any other medical condition requiring close supervision, we will meet you where you are.

For those conditions which require occasional monitoring during treatment, then standard medical support is what we will use to help you reach your goals.

Do you want to focus on life-style changes with the primary emphasis on weight loss? If you don't have a medical condition, we are here to help you get started!

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