

Sports Physicals at Family Health Care Clinic

Lindsborg Community Hospital medical providers offer a choice between a very basic physical examination to fulfill the requirements of KSHSSA/camp form completion; OR the incorporation of the form as a part of a Well Child Exam. Sports Physicals can be completed in Urgent Care or in conjunction with a Well Child Exam for established patients in the Family Health Care Clinic.

- To be seen in Urgent Care for a sports physical, you do not have to be an established patient of our clinic
- \$35 cash price is limited to students

\$35 Basic Sports Physical

Will provide the basic examination required in order to complete the form for schools/camps

- **No** insurance will be billed
- If parent/guardian wants insurance to be billed, the completion of the form must be a part of an Annual Well-child Visit and billed accordingly (see other option)
- Student must complete their portion of KSHSAA physical form prior to visit
- \$35 fee must be paid at time of registration (Cash, Check or Credit Card)
- Will **not** refill medications
- Will **not** order labs or other ancillary tests
- Will **not** perform vaccinations (if needed, will have to schedule separate visit or choose Annual Well-child Visit)
- If further testing or medical intervention is needed, will need to schedule follow-up visit and it will be billed as a traditional office visit
- This is not a substitute for a comprehensive Annual Well-child Visit

Annual Well Child Exam with Basic Physical

Will provide the incorporation of an annual well-child examination with the completion of the form for schools/camps

- Insurance **will** be billed using preventative medicine codes
- Parent/guardian needs to check with insurance on time frame requirements between Annual Well-child Visits (usually 11-12 months in between or no more than once per calendar year)
- If time frame requirements cannot be met, deductibles and co-insurance will likely apply. May recommend doing the \$35 form only visit and not bill to insurance
- Average charges for preventative medicine codes will range from \$170-\$270, but can vary depending on exam, tests and treatments.
- Provider will refill meds, perform needed vaccinations and provide further ancillary testing as needed.
- Student must complete their portion of KSHSAA physical form prior to visit
- Provider will complete remainder of form as part of the Annual Well-Child visit