

2025 CHNA Implementation Plan - McPherson County KS

On Behalf of Lindsborg Community Hospital

Round #5 CHNA Health Needs Tactics Year 1 of 3 starting 7/1/25 through 6/30/26

	CHNA Health Areas of Need	T	"Specific Actions" to Address Community Health Need or "Reasons Why Hospital Will Not"	Identified "Lead"	Identified Partners	Timeframe	(Hours)	\$\$\$
1	Mental Health (Suicide, Providers, Diag, Aftercare)	a	Continue to update & maintain MH Community Inventory documenting specific Mental Health service offerings, availability of services by hours and qualified insurance. Promote and share this resource.	PV/MCHD	4H_FFA, Aux, Indu, Clerg, Clin, Club, Coalit, Drug, EMS, FQHC, HH_Hosp, HighED, Hosp, Insur, K Ext, Law Enf, MH, Docs, School, Senior, Sserv, Trans	On-Going		\$50
		b	Expand taskforce created to address mental health issues in the county. Their purpose was to develop resources and educational opportunities to bring awareness and create dialogue between agencies to better care for mental health patients.					
		c	Continue to collaborate with all schools (elementary, middle, and high schools) to educate students on mental health conditions & treatment. Destigmatize mental health conditions, bullying, suicide prevention and social media bullying. Explore suicide prevention training at area schools.					
		d	Continue MH Community Partners Lunch & Learn session to improve communication and share best practices. Use this session to develop MH referral relationships with key community partners for collective impact. Continue to explore potential office sites for additional mental health services, including primary care (satellite) clinics.			Quarterly	10	\$500
		e	Develop and display content promoting the 24-hour 988 Crisis Hotline, as well as the local hotline numbers (620-792-2544 and 800-362-0180), on facility monitors located in patient waiting areas and exam rooms.			On-Going		\$1,500
		f	Continue to educate local Providers (plus ER staff) regarding mental health delivery issues. Provide continuing education courses to 1st responders regarding mental health delivery issues and how to address them.					
		g	Continue to investigate grant writing to fund mental health and depression. Use grant funding to support mental health care and mental health prevention.					
		h	Explore/set-up transportation options for outpatient/ER Mental Health patients.					
		i	Continue development of senior life solutions program at all hospitals. Expanding activities to help seniors with socialization and transportation.					
		j	Continue to improve Mental Health prevention and awareness through training in Mental Health First Aid at HD. (for Adults and Youth). Also provide "first aid" training for law enforcement, schools, and other first responders in the community.					
		k	Continue the Columbia Suicide Severity Rating Scale (CSSRS) in Emergency Department to help assess our patients' mental health status related to suicide. This tool can be used throughout the facility as needed and expanded to two CAH.				53	\$2,000

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		l	Continue outpatient community-based programs. Educate community on placement process and options thru hospital physicians, clinics, and E.R. (ATOD, Domestic Violence). Have local providers share their insights on MH options / best practices via media outlets.					
		m	Continue to invite a well known Guest Speaker to come to community to share on de-stigmatize mental health treatment.					
		n	Support county-wide health coalition to develop relationships with key community partners in the area of mental health for collective impact.					
		o	Continue to encourage primary care physicians to complete depression screenings at annual physicals.			On-Going	58	\$2,200
		p	Continue to encourage area providers to use / establish BH tele-health options in the community. Investigate and integrate compliant mobile apps.					
2	Insurance (Affordable Coverage)	a	Continue to support enrolling in Medicaid, and enhance CMS Transparency website reporting	Hospitals (3)PROV	Aux, Indu, Chamb, Chiro/Dent/Eye, Clin, EcoDe, FQHC, DOH, HH_Hosp, Insur, KHA, KS, MH, Pov, Docs, Senior, Sserv, UnitedW	Quarterly		\$3,800
	This health need is a community Social determinant, thus not part Hospital's Mission or Critical operations. Will partner with others as appropriate.	b	Continue to explore and understand the specific barriers to insurance coverage in the community led by McPherson Foundation.					
		c	Continue to partner with KHA to advocate for Medicaid Expansion. Serve on lobby state committees. Engage with legislators to advocate for Medicaid Expansion with special attention to newly elected local politicians.					
		d	Explore debt relief programs in partnership with a local bank or private foundations to assist uninsured patients. Model after Reno County KS.					
		e	Encourage local providers to accept Medicaid.					
		f	Continue to partner with nonprofits to provide free or low-cost insurance navigation services.					
		g	Continue to encourage all providers including Grace Med to offer services on a sliding scale based on income, ensuring that uninsured individuals can still access healthcare.					
		h	Develop white paper & collateral materials about what affordable health insurance means to McPherson County.					
		i	Expand PSA Economic Development to decrease poverty / increase access to health insurance.					
		j	Promote telehealth services that can offer affordable consultations, especially for uninsured patients who may need quick access to care.					
		k	Continue hospital filing for Exception status for participating in the Medicaid PE program					

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3	Substance Abuse (Alcohol and Drugs)	a	Continue and expand to offer / create meaningful community youth activities to keep youth engaged and active. Led by D.A.R.E	Valley Hope/Law Enf	4H_FFA, Aux, Indu, Clerg, Clin, Club, Coalit, Drug, EMS, FQHC, HH_Hosp, HighED, Hosp, Insur, K Ext, Law Enf, MH, Docs, School, Senior, Sserv, Trans			
	This health need is a community Social determinant, thus not part Hospital's Mission or Critical operations. Will partner with others as appropriate.	b	Continue to educate Hospital staff regarding substance abuse delivery. Continue to train law enforcement in crisis intervention. Continue to enforce drug education training through Narcan training for every officer.					
		c	Continue Recovery support system partners (local AA program). Create programs to help addicts and their families. Continue to provide counseling and support for drug abusers and their families.					
		d	Continue to recruit additional substance abuse professionals to deliver care in McPherson County.					
		e	Continue / promote Discarding Old Prescriptions (with a focus on opioids). Expand take back days (yearly) to quarterly.			2	2	\$75
		f	Continue to seek Alcohol & Drug Abuse GRANT funding. Expand "no drinking" school educational program.					
		g	Continue area hospital Pain Clinic services; offering alternative treatment options. Encourage the use of alternative therapies to reduce prescriptions of opioids. Maintain up to date provider education/training.			On-going	567	\$34,020
		h	Assist schools on their efforts to educate youth on the dangers of smoking / vaping. Explore possible Substance Abuse Speakers @ school assemblies/community events through grant capacities. Partner with D.A.R.E					
		i	Continue local advertisement / social media campaign to combat drug abuse. Explore communication options/materials to deploy meaningful message.					
		j	Continue to monitor prescription drug abuse (Utilizing KTRACS). Create an alert system for physicians for drug abuse utilized integration between HCIS and State System (KTRACS).			On-going		\$1,000
		k	Continue to maintain the directory with DOH lead to document scope of substance abuse services and hours of service.					
		l	Continue to report statistics on arrests, wrecks, and nonfatal overdoses. Report community findings / make recommendations on next steps.					
4	Childcare (Affordable and Accessible)	a	Continue Safe Sitter i.e., teen babysitting classes etc. Continue to provide support for licensure i.e., CPR classes and public health action.	Mcpherson Co Childcare Task Force/Hospitals	Indu, CC, City, Coalit, Co, EcoDe, DOH, Hosp, K Ext, KS, School, Trans, UnitedW	On-Going	32	\$600
	This health need is a community Social determinant, thus not part Hospital's Mission or Critical operations. Will partner with others as appropriate.	b	Assist with the recruitment of community childcare firms to county. Continue to evaluate access to childcare needs and confirm the number of childcare providers needed.					
		c	Explore the possibility of offering childcare services to hospital staff. Work closely with local daycare centers, schools, churches, etc. to develop BEST service offering delivery. Visit local daycare facilities to understand delivery.					

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		d	Support the development of part-time, drop-in, and extended-hour childcare options to accommodate parents with non-traditional work schedules. Explore transportation options to childcare.					
		e	Continue to encourage schools, providers, churches, etc. to offer community child care services (before and after-school programming). Investigate adding infant and toddler and child care.					
		f	Encourage local business to offer child care benefit (especially single) options.			On-Going		\$2,000
		g	Continue to lobby KS lawmakers to address child care regulations to encourage more supply options. Work with KDHE.					
		h	Continue to investigate / seek grants for seed money to fund additional local child care options.					
		i	Support special needs child care services.					
5	Workforce Staffing	a	Continue to support college and high school students on health care career options. Offer hospital School Scholarship / Internship / Shadowing Program opportunities. Provide guest speakers.	MIDC/MC Chamber	Aux, Indu, Chamb, City, Club, Coalit, Co, EcoDe, FQHC, DOH, HH_Hosp, HighED, Hosp, K Ext, KHA, KS, Pov, School	On-Going	624	\$34,595
		b	Fund economic development advisory group to lead the local efforts to actively recruit new businesses / retain existing businesses in the PSA.					
		c	Continue to support MIDC advisory group to lead the workforce recruiting efforts. Develop "Welcome to McPherson" Workforce promotion program.					
		d	Encourage all area employers to offer flexible workforce scheduling initiative (both for providers and support staff when position allows) to build work life balance.					
		e	Continue Hospital Training Program to build skills with current staff. Build program in partnership with chambers, area colleges/schools and PSA businesses.			On-Going		\$5,000
		f	Continue to partner with Health Department, Schools and Economic Development groups to host job fairs and seminars on: employee readiness, dress for success, skill building, interview guides, resume workshops, etc.					
		g	Continue to host a leadership county development program with an outside kickoff speaker through MIDC.					
		h	Continue to retain existing businesses and recruit new businesses / in the PSA.					
6	Obesity (Exercise/Healthy Foods)	a	Continue KSRE educational series focusing on cooking demos, food labels, grocery store tours, restaurants healthy meals / portions options, health fairs, classes, speakers etc.	MCHD & YMCA	4H_FFA, Clin, Club, Coalit, Fit, FQHC, DOH, Hosp, K Ext, P&Rec, Docs, School, Senior, Sserv, UnitedW			
	This health need is a community Social determinant, thus not part Hospital's Mission or Critical operations. Will partner with others as appropriate.	b	Encourage clubs, auxiliary, and schools to lead effort "Owning your Health" to schools, libraries and 4-H clubs.					

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		c	Maintain inventory of fitness centers hours of operation / fees (plus research fitness demand) in PSA with DOH lead. Continue to promote "free" fitness activities within the community - Zumba, water aerobics, family swim, local 5k's etc. Continue to promote/sponsor a community-wide "fitness challenge" i.e. Weight loss.					
		d	Explore programs that provide discounts or vouchers for purchasing healthy foods at local grocery stores or farmers' markets, especially for low-income families. Continue to promote WIC and food stamp programs through DOH to increase access to healthy foods.					
		e	Continue expansion for PSA Parks & Rec to get full utilization of this new available resource. Spread awareness of this new service coming and/or create a social media page for updates, events, or classes the community can engage in.					
		f	Continue to sponsor a community-wide event to motivate and engage people in specific healthy activities with goals toward individual completion. Work with DOH to campaign using social media and local radio to raise awareness about the importance of healthy eating and regular exercise in preventing obesity. Share local success stories of individuals or families who have adopted healthier lifestyles.			Review		
		g	Continue to expand and fund fitness awareness events and activities in the community. Continue to seek out main sponsors, combine resources to help promote and conduct fitness events.		BikeShare	On-going		\$3,000
		h	Explore grants for free education regarding nutrition / physical activity / owning your health. Promote foundation.					
		i	Develop opportunities for providers to communicate healthy lifestyle information.					
		j	Expand and enhance community activities that promote physical fitness/exercise for the entire family such as: "Walk with the CEO". Sponsor a community-wide "fitness challenge" all ages.					
		k	Continue hospital(s) nutrition services. Encourage the utilization of dietician in primary care and specialty care settings.					
		l	Continue to have access to healthy foods in schools. Ask School Districts to present what they have done so far with improving the school lunches (Farm to Table)					
		m	Continue / support Backpack school program (Food for Kids)			Review		
		n	Continue "Meals on Wheels" program to support healthy lifestyles for elderly, disabled, or confined to their homes.			On-Going		\$11,700
		o	Continue hospital base campus fitness center. (LCH and McPherson Hosp)			On-Going		\$600
		p	Continue to ask two validated screening questions about food insecurity during annual exams in the physicians clinics to document SDOH.			Review		
7	Housing (Accessible, Affordable, and Safe)	a	Communicate results of the recently completed McPherson housing study to identify areas of improvement. Implement expansion to build Countywide Housing Development Plan that would address affordable / safe housing for residents.	Housing Coalition/Cities	Chamb, City, Coalit, Co, EcoDe, Hosp, House, KS, Pov, Senior, Sserv, UnitedW	On-Going	2	\$100

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		c	Continue support the development of Deer Field Senior Housing. Continue to develop Deer Field South housing area (\$250k range)					
		d	Develop new apartment complexes for young adults and growing college.					
		e	Host workshops to educate residents on housing issues, rights, and opportunities for involvement in planning processes (Coalition housing conference)					
		f	Continue and Support "Habitat for Humanity" and other existing program. Teach technical skills (weekend workshops) to rehab houses for resell. Promote program.					
		g	Continue to encourage banks to offer mortgage loans to first time home buyers and/or allow loans which aid in improvement of existing housing.					
		h	Explore housing options with local New Hope Homeless programs.					
		i	Explore offering rental tenant support resources such as unique payment plans. Evaluate county income to assist in accurate rent collection in the area to expand housing options for individuals.					
		j	Continue to seek grant funding for public / safe housing. If available, designate community lead to work to attain the necessary grant.					
	Overall Total Contributions							\$102,740