

Types of Visits

PCP: (Primary Care Provider) A healthcare professional who provides general medical care and coordinates other healthcare services for patients.

Preventative Care: Involves services and screenings to prevent diseases, detect health issues early, and promote overall wellness.

Chronic Conditions: Are long-lasting health issues requiring ongoing management, such as diabetes, hypertension, and arthritis.



Physical/Check Up (Well Man or Well Woman Exam)

A preventive exam detects hidden diseases, advises on health, and reviews necessary services like screenings and immunizations for early treatment.

Out-of-Pocket Cost: Typically, co-pays, co-insurance, and deductibles will not apply, depending on your insurance plan.

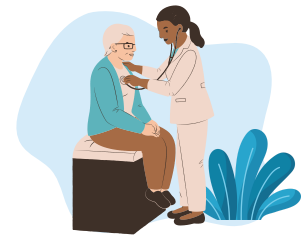


Well Child Exam

A child visit reviews growth, immunizations, and injury prevention, following EPSDT guidelines, with more frequent visits in the first 3 years.

Does Not Include: Sick child care, evaluation of new symptoms, medication refills.

Out-of-Pocket Cost: Typically, co-pays, co-insurance, and deductibles will not apply, depending on your insurance plan.



Follow Up/Chronic Care Visit

A visit to manage chronic issues, adjust medications, and refill prescriptions, with frequency based on problem severity and control.

Does Not Include: Review of preventive services.

Out-of-Pocket Cost: Typically, co-pays, co-insurance, and deductibles will apply, depending on your insurance plan.



"Welcome to Medicare" and "Medicare Annual Wellness Visit"

A Medicare visit reviews needed preventive services, including screenings and equipment, and provides a summary of covered services.

Does Not Include: Medication refills, management of chronic conditions or evaluation of new symptoms, and physical exams.

Out-of-Pocket Cost: Typically, co-pays, co-insurance, and deductibles will not apply, depending on your insurance plan.



Acute/New Symptom Visit

A visit for new symptoms like a cough, rash, or fever, often same-day, with possible follow-up based on complexity.

Does Not Include: Medication refills for other problems.

Out-of-Pocket Cost: Typically, co-pays, co-insurance, and deductibles will apply, depending on your insurance plan.



Administrative Physicals

Physicals for camp, school, work, DOTs, or insurance, require form completion, including necessary services for accurate documentation.

Does Not Include: Medication refills or evaluation of new problems.

Out-of-Pocket Cost: These are cash pay services completed at the Family Health Care Clinic or Urgent Care only. DOTs may be covered by your employer if we have an agreement in place.



Transitional Care

Transitional care involves managing patient health during transitions between care settings, ensuring continuity, and preventing complications or readmissions.

Does Not Include: routine or preventive care, elective procedures, or long-term management of chronic conditions unrelated to the transition process.

Out-of-Pocket Cost: Transitional care coverage varies based on insurance plan. co-pays, co-insurance, and deductibles will likely apply.

Coding for Insurance

Medical services are complex and can be difficult to differentiate. How your insurance reimburses for those services is dependent on your policy terms.

What to focus on during an exam?

Focusing an exam effectively can be challenging due to competing agendas, such as addressing immediate concerns, managing chronic conditions, and prevention. New issues may arise during the visit, affecting visit types and out of pocket cost. Clear communication about visit goals helps ensure all important aspects are covered and the visit remains productive.

Screening

Routine testing for patients without symptoms that can detect potential abnormalities. Typically, co-pays, co-insurance, and deductibles will not apply, depending on your insurance plan.

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Diagnostic

Testing investigates symptoms, previously diagnosed conditions, or abnormalities found during screening. Co-pays, co-insurance, and deductibles may apply, depending on your insurance plan.

Important Note: After 36 months without seeing your PCP, you will have to re-establish as a new patient at the Family Health Care Clinic.