

# WHAT IS FOOD INSECURITY?



Food Insecurity is when you are uncertain when your next meal will be due to your income or overall access to food. Your meals may become inconsistent and can impair your way of life.

If you, or someone you know is struggling to find food consistency, there may be a program that can help when you need it.



Lindsborg  
Community Hospital  
Salina Regional Health Center

*Partners caring for the health of  
the Smoky Valley communities.*

## CONTACT US

(785) 227-3308

605 W. Lincoln St. Lindsborg, Ks. 67456

## WALK IN URGENT CARE CLINIC HOURS:

Weekdays 8am – 5:15pm

Weekends 10am – 1pm

No Appointment Necessary!

Please use the main hospital entrance.



# NEED FOOD ASSISTANCE?



## MCPHERSON PROGRAMS:

### Blessing Box

MPNaz  
1455 N. Main Mcpherson, Ks. 67460

### McPherson County Food Bank

707 S. Main Mcpherson, Ks. 67460  
(620) 241-8050  
Tues 10am-12:45pm; Fri 2-4:45pm

## MARQUETTE:

### Blessing Box

(Behind) Kansas Motorcycle Museum  
120 N. Washington St. Marquette, Ks.  
67464

## SALINA PROGRAMS:

### Ashby House

204 S. 8th St. Salina, Ks. 67401  
(785) 826-4935  
Open 24 hrs.  
Free Store - Mon-Thurs 9am-12pm

### Open Door Kitchen and Outreach

321 N. 8th St. Salina, Ks. 67401  
(785) 820-9100  
4th Saturday each month 12-3pm  
(November and December 3rd Saturday)

### Saline County 4-H Building

Food distribution Center  
900 Greeley Ave. Salina, Ks. 67401  
(785) 820-6598  
Mon-Fri 8am-5pm; Closed Sat and Sun

### Salina Emergency Aid

255 S. Chicago St. Salina, Ks. 67401  
(785) 827-7111  
Mon 9am-7pm; Tues-Thurs 9am-5pm; Fri  
9am-3pm; Closed Sat and Sun

### Salina Rescue Mission

1716 Summers Rd. Salina, Ks. 67401  
(785) 823-2610  
24 hours

### Salvation Army of Salina Kansas

1137 N. Santa Fe Ave. Salina, Ks. 67401  
(785) 823-2251  
Mon-Sat 8am-4:30pm; Closed Sunday

## CANTON - GALVA PROGRAMS:

### Canton-Galva Ministerial Alliance Food Pantry

106 S. 4th St. Canton, Ks. 67428  
(620) 628-4318  
Appointment only

## ASSARIA PROGRAMS:

### Blessing Box

Assaria Lutheran Church  
124 W. 1st St. Assaria, Ks. 67416

## ADDITIONAL RESOURCES:

**CSFP** (Commodity Supplemental Food Program)  
1 - (888) 413-4327

**SNAP** (Supplemental Nutrition Assistance Program)  
(888) 369-4777

**STEPMC** (Steps to End Poverty of McPherson County)  
(620) 241-9011

**TEFAP** (Emergency Food Assistance Program)  
(620) 225-4871

**WIC** (Women, Infants, and Children)  
(785) 296-1320

<https://foodfinder.us/>

<https://www.usa.gov/food-help>



## LINDSBORG PROGRAMS:

### Blessing Box

Trinity United Methodist Church  
224 S. Main St. Lindsborg, Ks. 67456

### Dala Panty

Messiah Evangelical Lutheran Church  
4020 N. 1st St. Lindsborg, Ks. 67456  
(785) 227-3977  
Mon 3-5pm; Tues 2:30-4:30pm; Thurs 4-6pm; Sat  
12-2pm

### Frozen Meals To Go

Lindsborg Community Hospital  
605 W. Lincoln St. Lindsborg, Ks. 67456  
(785) 450-5191  
Mon-Fri 8am-5pm

### Meals On Wheels, Inc.

Lindsborg Community Hospital  
605 W. Lincoln St. Lindsborg, Ks. 67456  
(785) 450-5190

### Service Tree

Lindsborg Senior Center (for all ages)  
116 S. Main Lindsborg, Ks. 67456  
(785) 227-3983 - Call ahead  
Mon-Fri 8am-4pm

### TACOL - Vouchers

509 E. Swenson Ave. Lindsborg, Ks. 67456  
(785) 227-4710