

Sports Physicals at Family Health Care Clinic

Lindsborg Community Hospital and the Family Health Care Clinic now offer clear alternatives for the required sports and camp physicals. Our Medical Providers offer a choice between a very basic physical examination to fulfill the requirements for KSHSSA/camp form completion; OR the incorporation of the form as a part of an annual “well child exam”.

Examinations are provided by established, board-certified Family Medicine medical providers. The Family Health Care Clinic will:

- Accept patients not previously established with our clinic
- Same day appointments often available
- Students only

\$35 Basic Physical

Will provide the basic examination required in order to complete the form for schools/camps

- **No** insurance will be billed
- If parent/guardian wants insurance to be billed, the completion of the form must be a part of an Annual Well-child Visit and billed accordingly (see other option)
- Student must complete their portion of KSHSAA physical form prior to visit
- \$35 fee must be paid at time of registration (Cash, Check or Credit Card)
- Will **not** refill medications
- Will **not** order labs or other ancillary tests
- Will **not** perform vaccinations (if needed, will have to schedule separate visit or choose Annual Well-child Visit)
- If further testing or medical intervention is needed, will need to schedule follow-up visit and it will be billed as a traditional office visit
- This is not a substitute for a comprehensive Annual Well-child Visit

Annual Well Child Exam with Basic Physical

Will provide the incorporation of an annual well-child examination with the completion of the form for schools/camps

- Insurance **will** be billed using preventative medicine codes
- Parent/guardian needs to check with insurance on time frame requirements between Annual Well-child Visits (usually 11-12 months in between or no more than once per calendar year)
- If time frame requirements cannot be met, deductibles and co-insurance will likely apply. May recommend doing the \$35 form only visit and not bill to insurance
- Average charges for preventative medicine codes will range from \$170-\$270, but can vary depending on exam, tests and treatments.
- Provider will refill meds, perform needed vaccinations and provide further ancillary testing as needed.
- Student must complete their portion of KSHSAA physical form prior to visit
- Provider will complete remainder of form as part of the Annual Well-Child visit